



Webinar: Combating loneliness and social isolation for the older adults in the Nordic countries

Date and time: 5 November 2020, at 13.00 - 15.30 CET (Danish, Norwegian and Swedish time)

Platform: Zoom – link found in the registration confirmation

12.55 – 13.00

Virtual meeting room opens

13.00 – 13.05

Welcome: Nordic Welfare Centre

13.05 – 13.35

Presentation of a new overview of research and interventions. Report on loneliness among the older adults in the Nordic countries

Lena Dahlberg, associate professor, Dalarna University

Carin Lennartsson, sociologist, Karolinska Institutet

13.35 – 14.00

Nordic survey on strategies for active and healthy ageing, including the area of loneliness and social isolation

Lina Kumlin, senior planning architect, consultant firm WSP

14.00 - 14.05

Questions for Lena Dahlberg, Carin Lennartsson and Lina Kumlin

14.05– 14.15

Short break

14.15 – 15. 15

Examples of recent research and interventions from the Nordic countries

- Iceland: *Halldór S. Guðmundsson, associate professor of social work, University of Iceland and general manager of Akureyri nursing home*
- Norway: *Marja Aartsen and Thomas Hansen, research professors, OsloMet*
- Denmark: *Dominique Hauderowicz, architect, architectural studio dominique + serena*
- Finland: *Anu Jansson, manager, The Finnish Association for the Welfare of Older People*

15.15 - 15.20

Questions for Iceland, Norway, Denmark and Finland

15.20 -15. 30

Summary discussion and closing of the webinar

