

Programme:

Nordic Day

5th of June 2019 09.00–11.30 at Marriott Hotel Milan
Room: Gazebo



09.00-09.05 **Welcome**

Eva Franzén, Director Nordic Welfare Centre

09.05-09.20 **Demographic development**

Bengt Andersson, Senior Adviser Nordic Welfare Centre

With an ageing population and with depopulation resulting in sparsely populated areas throughout the Nordic region, digitalisation and remote solutions are the new infrastructure for maintaining the Nordic welfare model. The issue, however, is how the countries of the Nordic region can make such services accessible to all citizens – regardless of where in the country they live.

09.20-10.00 **Age-friendly cities and communities**

Ann Jönsson, Senior Adviser Nordic Welfare Centre, presents the ongoing work to create age-friendly cities and communities in the Nordic region. Lisa Holtz, Process Manager Urban Planning, gives examples from the City of Gothenburg, Sweden. Gothenburg is one of the Nordic cities that has joined the WHO Global Network for Age-friendly Cities and Communities.

We live longer and the proportion of elderly people in the Nordic region is increasing. As a result we are faced with challenges that involve social systems as well as healthcare, welfare, housing and transport. The answer is to create communities that are good to age in; communities where we can still experience life quality in later years.

10.00-10.30 **Coffee Break**

10.30-11.10 **Dementia – learning and experience**

Lars Rottem Krangnes, Senior Adviser Nordic Welfare Centre and Frode Kibsgaard Larsen, National Norwegian Advisory Unit on Ageing and Health.

Around half a million people in the Nordic countries have been diagnosed with dementia. Lars Rottem

Krangnes will present facts from learning and experiences from three years of work within a Nordic context, on how to achieve better quality, more security, greater innovations and additional and

better research as well as knowledge in the field of dementia.

A Nordic network for dementia and intellectual disabilities works to establish stable networks between Nordic competence centres and to systematise the sharing of experience relating to investigation, diagnosis, and provision of medical care and social care for people with dementia and intellectual disabilities. These are new challenges for local authorities in the Nordic countries. Frode Kibsgaard Larsen will tell us more about that work and present tools for the target group on how to talk about dementia.

11.10-11.30 Welfare Technology

Bengt Andersson, Senior Adviser Nordic Welfare Centre

Soon 25 percent of the population in the Nordic countries will be over 65 years old. This is already the case in Sweden. The fact that more people are living longer is a good thing. Some will need a lot of health and social care, while many others will remain healthy up to a very old age. Whatever their health status, people who are ageing need various kind of support. In the project Healthcare and Care with Distance-spanning Technologies the Nordic Welfare Centre is working to survey the whole of the Nordic region to find well-established examples of digital solutions that work and are implemented and used within municipalities, county councils and regions in the Nordic countries. Bengt Andersson will present some of the successful cases.

Speakers:



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