

# Creating age-friendly cities in the Nordic region

## Program



15-16 October 2018

Radisson Blu Royal Park Hotel, Solna (Stockholm), Sweden

Moderator: Ted Bergdahl

## Monday 15 October

**12.00 – 13.00**

Lunch and registration

### **13.00 – 14.20 Introduction**

#### **Welcome**

- Arboga Senior Choir
- Welcome by *Ted Bergdahl*, moderator for the conference
- Introduction by the Swedish and Norwegian government
  - *Maja Fjaestad*, State Secretary to Minister for Children, the Elderly and Gender Equality Lena Hallengren, Sweden
  - *Åse Michaelsen*, Minister for the Elderly and Public Health, Norway

#### **An age-friendly society is a society for all**

*Odd Grann*, Ambassador for Oslo as an age-friendly city, Norway

**14.20 – 14.50**

Coffee/tea

### **14.50 – 16.20 Plenary session**

**14.50-15.20**

#### **The demographic challenge**

*Anders Ekholm*, Deputy Director Policy & Communication, Institute for Futures Studies, Sweden

**15.20 – 15.50**

**Age-friendly cities and communities – a worldwide network**

*Alana Officer, Senior Health Adviser, World Health Organization (WHO), Geneva*

**15.50 – 16.20**

**Developing age-friendly cities and communities: Challenges and opportunities**

*Dr. Tine Buffel, The University of Manchester, UK*

**16.20 – 16.30**

**Short break**

*We kindly ask all participants to take a seat in the conference room for your chosen parallel session.*

**16.30 – 17.45 Speed-dating with age-friendly cities in the Nordic region**

The following cities will participate in the speed-dating. The presentations will be taking place in the same conference rooms as the parallel sessions.

- Oslo
- Trondheim
- Göteborg
- Uppsala
- Stockholm
- Tampere
- Esbjerg

**17.45 – 18.30 Parallel sessions**

- **A: Working towards age-friendly Oslo**, *Anne Berit Rafoss*, Special adviser, City of Oslo, Norway. **Moderator:** *Maria Montefusco*, Project Manager, Nordic Welfare Centre
- **B: Age-friendly Gothenburg**, *Lisa Holtz*, Process leader, Urban planning, City of Gothenburg, Sweden. **Moderator:** *Lars Rottem Krangnes*, Project Manager, Nordic Welfare Centre
- **C: To be an immigrant and influence the care of the elderly**, *Mirnesa Beganovic*, assistance officer, Municipality of Linköping, Sweden. **Moderator:** *Ann Jönsson*, Project Manager, Nordic Welfare Centre
- **D: Older co-researchers exploring age-friendly communities: An 'insider' perspective on the benefits and challenges of peer-research.** *Dr Tine Buffel*, The University of Manchester, UK. **Moderator:** *Lidija Kolouh-Söderlund*, Project Manager, Nordic Welfare Centre

**19.30 Dinner and entertainment at the hotel**

## Tuesday 16 October

### 9.00 – 10.20 Plenary session

9.00 – 9.30

#### The fight against loneliness

*Christine E. Swane*, Cultural Sociologist, PhD, Director, EGV-Foundation (Social Inclusion of Older Adults), Denmark

9.30 – 10.10

#### Urban planning for accessibility and inclusion

*Torben Schönherr*, architect, Aarhus, Denmark

10.10 – 10.20

#### Short break

### 10.20 – 11.00 Parallel sessions

- **Seminar A: Dementia-friendly municipalities – the same meaning in Sweden, Denmark and Norway?** A conversation between *Barbro Ugedal* from Åfjord municipality in Norway, *Mirjam Brocknäs* from Upplands-Bro municipality in Sweden, *Dorthe Lyng* from Mariagerfjord municipality in Denmark, and *Karen Bjærth*, the Danish dementia alliance. **Moderator:** *Lars Rottem Krangnes*, Project Manager, Nordic Welfare Centre
- **Seminar B. Welfare Technology is not about technology but about people.** *Bengt Andersson*, Project Manager, Nordic Welfare Centre. **Moderator:** Ted Bergdahl
- **Seminar C. How do cities in the Nordic region work to become age-friendly?** *Ann Jönsson*, Project Manager, Nordic Welfare Centre. **Moderator:** *Maria Montefusco*, Project Manager, Nordic Welfare Centre
- **Seminar D. Preventing fall accidents.** *Harriet Wennberg*, Communication Officer, The National Board of Health and Welfare (Socialstyrelsen), Sweden. **Moderator:** *Lidija Kolouh-Söderlund*, Project Manager, Nordic Welfare Centre

11.00 – 11.30

#### Coffee/tea

### 11.30 – 13.00 Plenary session

11.30 – 12.10

#### Design for all – housing in an age-friendly society

*Ira Verma*, researcher, Aalto University, Finland

12.10 – 12.40

#### A Nordic network of age-friendly cities – how do we continue?

A discussion between delegates from the Nordic cities.

12.40 – 13.00

#### End of the day and evaluation

*Eva Franzén*, Director, Nordic Welfare Centre

*Ted Bergdahl*, moderator

### 13.00 Take-away lunch