



Complex Trauma Work and Its Application to Refugees

Presenter: **Dr. Amy Hoch**, licensed psychologist and certified school psychologist, the Associate Director of Rowan University's Counseling and Psychological Services Center. She is the Co-chair for the Sexual Violence Prevention Committee, and sits on the Sexual Violence Task Force for the American College Health Association. She is trained in EMDR, DBT and RODBT treatments and provides local, national and international training on Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Staff psychologist at the Child Abuse Research Education and Service (CARES) Institute at Rowan's School of Osteopathic Medicine in Stratford, New Jersey and has provided individual therapy to children and adolescents who experienced abuse and neglect and conducted forensic evaluations concerning allegations of sexual abuse

Venue: **Helsinki, Folkhälsan Ossian Sali**, Topeliuksenkatu 20, Helsinki

Dates: **Saturday 14.9.2019**

To whom: Psychotherapists, psychologists, psychiatrists and other mental health professionals.

Price: Price 235€ VAT 24%.
Members of FACBT (Finnish Association for Cognitive and Behavioural Therapies): 195 € + VAT 24%
Price includes teaching materials and coffees.
In case of cancellation after 24.8.2019, 50% of price will be charged.

Registration: www.luote.fi/koulutuskalenteri by latest 24.8.2019

Info: luote@luote.fi

Summary: **Complex Trauma Work and Its Application to Refugees**

Complex trauma can be complicated to diagnosis and address therapeutically. Working with victims of complex trauma requires an understanding of the different domains affected by the event(s) and interventions that allow for adaptation and creativity. Many children and adolescents in the world have survived war/political unrest in their countries of origin and escaped to refugee camps or living arrangements in other countries. These survivors face culture shock; an inability to speak or understand the language; discrimination from the host country and other significant stressors. As helpers, we want to assist these children and families, yet how do we approach such work with often limited knowledge and resources?

This training day will first provide information on the assessment and treatment of complex trauma. Complex trauma and its application to refugees will then be addressed with specific focus on the barriers to treatment; challenges to trauma work in the therapy room; and vicarious trauma in professionals.

Timetable

Saturday 14.9.2019

9.00-11.00 Workshop

11.00-12.00 Lunch

12.00-13.30 Workshop

13.30-14.00 Coffee

14.00-15.30 Workshop